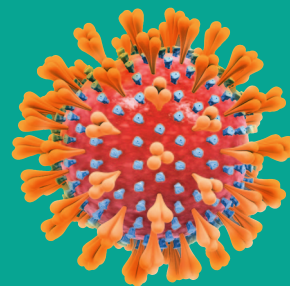


# Coronavirus

## Shielding Update



Two million people are **vulnerable** because coronavirus could kill them

The NHS sent letters to these people about **shielding**

### Rules from 1st June



You can now go outside once a day with people you live with



If you live on your own you can meet one other person



Only do this if you feel safe and always keep your distance



If you feel ill stay home and phone your GP or get advice from 111  
In an emergency call 999