

## Getting the right kind of support (Education Health and Care plan)

You may get an Education Health and Care plan if you have had an Education Health and Care needs assessment.



The plan will use information from your EHC Needs Assessment to say what you want to **achieve** and what **support** must be provided to help you.



## What is in the plan?

Everyone will have a different plan because it is **all about YOU**. We are all different.

It will have information like:

- Who you are
- How you communicate
- What you want to achieve
- Why you need help with things
- What kind and amount of support you need, and how often you must get it
- Where you go to school or college (if you do)

Once this support is written down in the plan, it **must** be given to you.



All the people that support you will be able to see your plan. It should help them work together to support you.



You have the **right** to say what kind of information you think should be in your plan and who you want to see it.



## Who gets a plan?

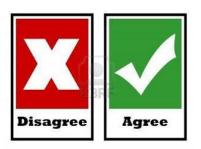


If you are aged **25 years or under** and you need extra help with learning then you might get a plan to help you get more support.

EHC plans can carry on until you are **25 years** old. They will **stop** if:

- You go to University
- You get a **job**
- The local authority thinks you do **not need** it anymore

You can tell the local authority what you think about your plan and they must listen to you



The local authority is sometimes called 'the council'. They might say that you do **not need** an EHC plan anymore if there are **big changes** that mean you no longer need the support in the plan. They will tell you first.

If you **do not agree** then you can say so. You can ask your local **Information, Advice and Support** Service for **help**.



## Will someone help me to get a plan?



To find out more about EHC plans, go to: www.youtube.com/user/WatchCDC



Information, Advice and Support Kent can help if you have any questions about your EHC plan.

Ask one of our members of staff for support.

On request, this information can be provided in alternative formats.

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- www.iask.org.uk

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